



Shine Light on Depression is comprised of an online toolkit consisting of no-cost, ready-to-use resources that support schools and communities address youth mental health. Included in the toolkit are three resources supporting in-school curriculum, after-school programming, and family engagement components. The in-school curricula include classroom lessons, aligned to the national health education standards for grades 4-12, and supports educators when addressing the topic of depression.

Scan the QR code below for more information about Shine Light on Depression and to gain access to the no-cost program resources.

